



2018-2019
Competition
Cheerleading
Season

Southampton Knights Competition Cheerleading 2018-2019 Season

Thank you for your interest in the 2018-2019 Southampton Knights Competition Cheerleading Squads. In this packet, you will find information regarding practices, events, competitions, fundraising, and pricing. Depending on the number of participants, we will be offering multiple competition squads.

Please read through the following information carefully. We ask that each parent and cheerleader sign the last page in agreement to all the rules, regulations, pricing, and expectations of each member. Communication will be done via email, Remind, and the website. Please use all of these as resources daily.

Thank you,

SKC Coaching Staff

Website: www.southamptonknightscheerleading.com

Email: southamptonknightscheerleading@aol.com

Instagram: @southamptonknightscheerleading

Facebook: Southampton Knights Cheerleading

Twitter: @SKC_nation

To sign up for remind:

- Text @skccomp to the number 81010
- You will receive a "Welcome" text from Remind
- Follow the directions listed in the text to complete set-up
- If anyone has trouble with 81010, try texting @skccomp to (267) 388-4905

Clinics:

Open Clinics are every Thursday from April 5th to May 24th from 6:00 pm to 8:00 pm. They take place at the Southampton Youth Center. This is a great opportunity for you to jump start the season. Register on www.southamptonknightscheerleading.com – 8 sessions for \$60 or \$10 per session.

Practices:

We have scheduled as much gym time as possible (see the below schedule), but practice times are subject to change throughout the year based on gym availability. Vacations June 1st through August 31st will be excused given notice. All practices from June to August may be deemed excusable under the COACHES' discretion if notified ahead of time. Summer Vacations will be excused if given notice before the end of May. Camp is mandatory of all athletes regardless! Once the season begins, vacations are not excused. Vacations or absences during competition season (October-February) will result in removal from the routine should they conflict with practices and/or competitions. Coaches hold the right to decide what is considered excusable and what is not. On September 1st, the full season rules are in effect, athletes must be fully available and committed. Only 2 unexcused absences are allotted per girl. Excused absences are ONLY illness with a doctor's note provided (without it, its unexcused) and family emergencies. After the 2nd unexcused, the athlete is removed from the team. Since we are a competitive team, it is pertinent that all athletes are fully committed to all practices. CHEERLEADERS (not parents) must contact the coach ahead of time to let them know they are missing practice and what the reason is. Any reason other than above will be considered unexcused. Anyone who fails to contact their coach if they will not be there will be excused from the team. Coaches hold the right to treat an absence on an individual basis if necessary.

All cheerleaders must come to practice ready to work. **Be on time. If practice begins at 6:00 pm, plan to be there by 5:45 pm.** All cheerleaders will receive practice wear, they are expected to wear the correct outfit at every practice. A schedule will be handed out once the season has officially started and the camp/practice wear has been received. All cheerleaders must wear sneakers and hair needs to be pulled up. Jewelry and gum are not allowed. Please bring water to every practice.

June:

Tuesdays and Thursdays (May 29th to June 22nd) → 6:00 pm to 8:00 pm

It is important that we get our stunt groups ready to get the most out of camp

Camp will be June 25th to the 27th (see more information in the UCA Camp Section)

July:

Tuesdays → 6:00 pm to 9:00 pm

August to December: (we may add more days during this time to prepare for Regionals)

Tuesdays and Thursdays → 6:00 to 9:00 pm

Sundays → 9:00 am to 12:00 pm

We may be adding Wednesdays for tumbling and jump drills to increase skills.

January to February: (these days and times are tentative and may change)

Tuesdays and Thursdays → 4:00 to 7:00 pm

Sundays → 9:00 am to 12:00 pm

UCA Camp:

UCA Cheerleading Camp is now a requirement for any team to be eligible to attend Nationals. SKC will attend UCA Camp at Archbishop Wood High School from June 25th to June 27th. This is mandatory for everyone if you want to compete. Attire for camp is part of the package price. Camp wear will also be worn at practices, fundraising events, performances, and at Nationals. These items are included in the payment plan. Camp will start promptly at 9:00 am, please arrive at 8:45 am.

Camp Schedule

- Monday, June 25th: 9 am – 4 pm
- Tuesday, June 26th: 9 am – 4 pm
- Wednesday, June 27th: 9 am – 12 pm (We will be holding a pool party in the afternoon)

Showcases:

Performing is an important part of preparing for competition. In addition to performing at competitions and Nationals, we will host showcases at the Youth Center and may attend other showcases at other gyms. Showcases and additional performances are mandatory for all squad members.

Competitions:

Competitions are mandatory of both competition squads. A list of competitions will be handed out in the beginning of the season once they are scheduled. Below are some important competition dates that we are already aware of, please add them to your calendar.

- **Northeast Regionals – Toms River, NJ**
Saturday, November 10th, 2018
- **Empire Regionals – Garden City, NY**
Usually the first weekend in December
- **Pocono Regional – Kutztown, PA**
Usually the second weekend in December
- **Garden State Championship – NJ**
Usually the second weekend in January
- **Nationals – Orlando, FL**
Usually the second weekend in February

Team Fees:

Your first payment will be for registration and will be due at the time of registration by May 1st. This year we will have reoccurring payments taken out on the 15th via the website. If you need to make special payment arrangements, please talk to Coach Laura directly. There will be a total of 8 payments (May through December).

Fundraising will occur throughout the season to offset these fees. Sponsorship and Fundraising monies will be added to every cheerleaders' individual account, this can be used towards monthly payments or can be banked for chaperone or family Disney accounts. These arrangements will be made with Coach Laura throughout the season. If you wish to make a lump sum payment to add to the cheerleader's account that can be arranged as well.

For **returning cheerleaders** monthly payments will be \$230 per month. These fees will include UCA Camp fees, New Camp and Practice Gear, Uniforms, Stunt Clinics, Competition Fees, Regional Fees, Nationals Flight and Disney Package, Coaches Fees, Music, Signs, Poms, Choreography Fees, Extra Gym Time, and Insurance.

For **new cheerleaders**, monthly payments will be \$290 per month. These fees will include UCA Camp fees, New Camp and Practice Gear, Uniforms, Stunt Clinics, Competition Fees, Regional Fees, Nationals Flight and Disney Package, Coaches Fees, Music, Signs, Poms, Choreography Fees, Extra Gym Time, and Insurance. As well as all mandatory gear: a warmup, a backpack, sneakers, practice wear from last year that we will be using again this season, bows.

A late fee of \$10 will be added to the invoice after 5 days late. If a payment is over 30 days late, the athlete will not be able to practice or compete.

****Please note that by signing this contract, you agree to purchase the mandatory items and pay all necessary fees. All athletes must be sized for their uniform, warmup, and sneakers. You have the option to get sized for camp/practice wear and optional items, this will occur on May 3rd. The sizing of mandatory items will occur on August 16th. Signing this contract means you agree to pay for all items ordered.**

Fundraising:

Fundraising is done throughout the year to offset costs for all athletes. Fundraising is mandatory for all girls on every squad. Fundraising money goes directly to the group as a whole, unless during individual fundraising. Any fundraising events held must be approved by the coaching staff. Parents are encouraged to suggest and help with fundraising events. Please feel free to contact the coaching staff about your ideas. Any money raised throughout the year belongs to Southampton Knights Cheerleading, there will be no refunds for any money raised should you quit or leave the team for any reason.

Below are some fundraisers we currently have scheduled or in the works. All fundraisers will be on the event calendar on the website.

American Girl Doll Bingo

Saturday, May 19th

Tickets are \$50 for a Mommy and Me or \$30 for a Single ticket

Cheerleaders will receive \$15 for every Mommy and Me ticket sold and \$10 for a single ticket

Paint It Forward Fundraiser

June 10th from 3:00 pm to 5:30 pm

Tickets are \$45

Cheerleaders will receive \$10 per ticket sold

Clothing Drives – Spring Collection 06.24.18; Fall Collection Date TBA

We can accept clothing, jackets, shoes, purses, backpacks, ties, scarfs, wallets, hats, gloves, bedding, comforters/quilts, towels, shower curtains, window curtains, tablecloths, pillows, stuffed toys, hard toys and games (less than 24x24x24).

We ask that all cheerleaders donate 5 bags or more.

Eagles Football Pool

Sell Eagles Football Pools for the entire Eagles season \$80 for regular games (\$5 a game).
Halftime Winners will receive \$100 and Final Score Winners will receive \$150.

All cheerleaders are required to sell 2 blocks. Cheerleaders will receive \$20 for every block sold.

Beef and Beer

Saturday in September (we are thinking September 15th)

Tickets are \$35 or \$40 at the door

All cheerleaders are required to sell 2 tickets (3 tickets for 2 cheerleaders). Cheerleaders will receive \$10 for every ticket sold above the mandatory ticket sales.

Designer Handbag Bingo

Sunday, October 14th

Tickets are \$35

All cheerleaders will be required to donate a Raffle Basket with a minimum value of \$25 and sell 2 tickets (3 tickets for 2 cheerleaders). Cheerleaders will receive \$35 for every ticket sold above the mandatory ticket sales.

Cards for a Cause

October Sale

Sell a box of 30 greeting cards for \$30, cheerleaders receive \$13 per box.

Yankee Candles

October Sale

Cheerleaders receive 30% of total Yankee Candle sales.

Superbowl Pool

Sale starts December

Superbowl blocks are sold for \$20 per block. 1st Quarter wins \$100; Halftime wins \$250; 3rd Quarter wins \$150; Final Score wins \$500

We ask that every cheer family sell 5 blocks.

Applebee's Flapjack Fundraiser – Southampton

- Saturday, November 17th
- Saturday, December 8th - Breakfast with Santa

All cheerleaders must sell 5 \$10 tickets both events (Cheerleaders will receive \$5 for each ticket sold including the mandatory 5)

Moe's Southwest Grill – Warrington

- Dates to be announced

Rita's Water Ice Fundraiser – Huntingdon Valley

- Date to be announced

SKC 2018 Order Forms:

There will be a gear packet available online that will describe what gear is necessary for all returning and new cheerleaders. You will also receive a practice, camp, uniform, and optional item order form. You will see which items are included in the payment plan and which items you will need to additionally purchase. If you are a returning competition cheerleader, you may have some of the practice and uniform items, you do not need to purchase new ones as long as they still fit, and you can find them. If you are a new cheerleader, you will need to purchase them this year. If you wish to have your child sized for gear, you can leave the sizing blank and we will fill it out at the sizing session in May. There is also optional gear that has been designed for both the girls and parents to purchase. All gear and logos have been approved by the coaching staff. Any gear that has the name Southampton Knights Cheerleading, SKC, or the SKC logo must be approved by the coaching staff. All camp/practice order forms are due on May 3rd. All uniform and optional gear order forms will be due on Thursday, August 16th. If items are ordered that are not included in the payment plan, an invoice will be sent prior to the payment due date. If you would like your child fitted for camp/practice wear, we will have an optional fitting on Thursday, May 3rd at the Youth Center. We will have a mandatory fitting for uniforms on Thursday, August 16th, 2018.

Injuries

Because cheerleading is a dangerous sport, we expect full attention of everyone-especially during stunts. If any member of the team is failing to do their job CONSISTENTLY, the coaches reserve the right to reconsider that member's eligibility for the squad.

Injury: Please be aware that all injuries that require an athlete to sit out REQUIRE a doctor's note that must be handed in to the coach. When that athlete is cleared, the note clearing them must be handed in as well. A coach will not allow any athlete to participate at all without a clearing note. Athletes must still attend all functions regardless of injury to sit out.

Behavior Expectations

In order for the teams to be successful we need to act like a team at all times. Personal issues need to be kept out of the gym and other team activities. Respect your teammates and coaches. We will not tolerate pettiness among the teams. You are an athlete, act as such. Attendance is required for cheerleaders at practices, competitions, showcases, fundraisers, and any other additional performances. Social media (Twitter, Instagram, Facebook, etc.) are to be upheld in a respectful manner as a representative of Southampton Knights Cheerleading, Social media should not be used, in any case, for bullying purposes. Social media CAN be used for communication with other team members.



Open Clinic Dates for the 2018-2019 Season

Come join us to learn stunts, jumps, dances, cheers, etc.
Find out if you want to be a part of the SKC competition team!

- ✿ Open to ages **3-14!**
- ✿ Every Tuesday from April 5th to May 24th (8 sessions)
- ✿ 6:00 pm – 8:00 pm
- ✿ \$10 per cheerleader for each clinic (or pay \$60 up front)

Competition Registration

Registration for cheerleaders ages 7 - 14 will be due by **May 1st**.

Returning Cheerleaders pay \$230 per month

New Cheerleaders pay \$290 per month

Competition practices will begin on Tuesday, May 29th.

UCA Cheer Camp at Archbishop Wood HS

Mandatory for all cheerleaders who would like to participate in competition cheer!

- ✿ Monday, June 25th: 9 am – 4 pm
- ✿ Tuesday, June 26th: 9 am – 4 pm
- ✿ Wednesday, June 27th: 9 am – 12 pm

\$230 for returning cheerleaders and \$290 for new cheerleaders due by June 15th

Check out our facility:

Southampton Youth Center

913 Willow Street

Southampton, PA18966

Get in touch to learn more:

Coach Laura

southamptonknightscheerleading@aol.com

215-378-5580

For more information, check out our website:

SouthamptonKnightsCheerleading.com



Southampton Knights Cheerleading Sponsorship!

If you would like to donate and be a sponsor it's easy! Just follow these three simple steps:

1. Choose your level of generous donation to the SKC team
2. Fill out this form in its entirety and return it with a check payable to "SKC" and either give it to the cheerleader who has given you the information, or if it's easier, send via mail to:

SKC – Coach Laura Martin
1450 Guinea Lane
Warrington, PA 18976

3. Email your company logo in PDF version to southamptonknightscheerleading@aol.com and put your company name as well as the word "Sponsor" in the subject field (i.e. COMPANY NAME Sponsor).

Company Name: _____
Mailing Address: _____
Contact Name: _____
Contact Email: _____
Contact Phone: _____ Cheerleader Name: _____

I would **LOVE** to sponsor the Southampton Knights Cheerleaders at the following level (please circle sponsor level):

PYRAMID (\$5000.00)	BACKSPOT (\$500.00)	MEGAPHONE (\$100.00)
PARTNER STUNT (\$2500.00)	BASE (\$250.00)	POMPOM (\$50.00)
FLYER (\$1000.00)	FAN (\$150.00)	CHEER BOW (\$25.00)

All support, no matter the monetary value, is very important to the SKC cheerleaders. If you choose to donate more or less than the highest or lowest donation level, please indicate that amount here: OTHER: \$ _____

Thank you so much for donating to the Southampton Knights Cheerleading team!
Every donation helps our girls get that much closer to Nationals in Orlando, FL this coming February!

Tax ID #01-0811486

Southampton Knights Cheerleading – 2018-2019 Season

YOU MUST SIGN THIS FORM AND RETURN IT TO THE COACHES:

Concerns and questions can be answered via email or phone call. All coaches assume parents accept and understand ALL rules if not contacted and a contract is received signed and dated. Please note that by signing this page you understand all of the rules stated above. Please be aware that coaches reserve the right to consider all situations per individual basis.

I, _____, have read, understand, and agree to adhere to all the above set of information if I/my athlete joins the 2018-2019 Southampton Knights Cheerleading team. I also agree that failure to adhere to these rules will result in dismissal from the team with full responsibility for items as listed above. By signing this form, I ensure that I understand all rules and guidelines set forth by the coaches prior to allowing my daughter/son to tryout.

CHEERLEADER'S SIGNATURE: _____

Date: _____

PARENT SIGNATURE: _____

Date: _____